

ONE CONVERSATION

Parents: Read Matthew 26:17-30 with your son or daughter and discuss the passage and what they learned during this session about Christ's sacrifice on the cross. There is no event in human history that is more important than the death and resurrection of Jesus. By dying on the cross, Jesus bore the punishment that should have fallen on us for our sin. We must not forget what Jesus accomplished for us on the cross. This is why we make a regular practice of celebrating the Lord's Supper. Jesus is the only sacrifice for our sins—we need this reminder constantly.

Think of some practical ways we can keep the cross and Jesus' sacrifice at the forefront of our minds each day. Discuss the Lord's Supper and allow your son or daughter to share what this means to him or her and what the Bible says about us remembering the cross and Christ's sacrifice for our sins.

CENTRAL TRUTH

Jesus is the sacrifice for our sins—we constantly need to be reminded of this.

PERSONAL CHALLENGE

- **Dwell:** Consider why Jesus used the bread and the cup to point to His death and sacrifice on the cross. This was something the disciples could relate to and share with Him in. Sometimes we only think about Christ's sacrifice on the cross when we are at church or when we find ourselves in sin. Rather, we are called to daily reflect on and remember how Christ shed His blood for us and how His body was broken for our sins. Without a sacrifice for our sins, we would never be able to have a close relationship with God.
- **Memorize:** Luke 22:19
- **Pray:** Spend a few minutes confessing your sin and then just sit still and listen. Ask God to examine your heart and reveal to you any way you may be like Judas and need to change and be fully devoted to Christ. Ask Him to give you a genuine desire to bring Him glory. If anything is distracting or a thought comes across your mind while you are praying, write it down and get back to focusing on Christ and the sacrifice He paid for your sins on the cross.